



Presents: **OneMind Dogs Agility Instructional**

Workshops & Private Sessions with Coach: Soshana Dos and Assistant Coach: Stephanie Rainier

September 9 & 10, 2017

OneMind Dogs is a dog and agility training methodology based on dogs' natural behavior. Learn to communicate non-verbal cues correctly to your dog. All dogs understand the message regardless of age and prior training techniques taught. When you understand agility from your dog's point of view, you will have more clean runs!



Coach: Soshana Dos: Soshana loves teaching agility and is skilled at communicating complex handling maneuvers as well as explaining the theory and fundamentals behind the handling method. Soshana advocates a dog-friendly, positive-reinforcement training style and strives to promote a fun and healthy learning environment for all handlers and their dogs.

Constantly trying to augment her knowledge and increase her skill as a trainer, handler, and teacher, Soshana aspires to stay in the foreground of a constantly evolving sport. She encourages her students to think creatively, take risks, and to believe in themselves and their dogs.

In 2014 Soshana embraced the methodology of OneMind Dogs and has traveled extensively to Finland as well as around the country to work intensely with Jaakko Suoknuuti and Janita Leinonen. Their imaginative style and emphasis on agility from the dog's point of view perfectly coincides with Soshana's perspective. She is honored to have been chosen as one of 6 OMD Coaches in the US.

Soshana is thrilled to have won a spot on the 2017 AKC European Open Team USA with her Border Collie, Gance, and is looking forward to competing in Italy this July.

Assistant Coach: Stefanie Rainer is an accomplished dog agility handler and teacher. She is also a judge for the American Kennel club. With 16 years of experience, she has been competing and achieving new goals since she was seven-years-old. Stefanie has earned many titles on multiple breeds including a Papillion, Cavalier King Charles Spaniel, and three Border Collies. Stefanie actively competes in AKC, USDAA, and UKI events with her Border Collies Spree and Nike.

Included in Stefanie's list of achievements are: competed in seven AKC National and four USDAA national competitions, 2011 Grand Prix Finalist at Cynosport World Games, 2012 Eastern Canadian Regional Steeplechase Champion, 2012 New England Regional Grand Prix silver medalist, 2013 North Central Regional Steeplechase bronze medalist, 2013 Fionia Cup large dog finalist, Competed in the 2014 UKI US Open, 2015 AKC NAC 20" finalist finishing in 7th place, 2015 Mid-Atlantic Regional Performance Speed Jumping Champion, 2015 Mid-Atlantic Regional Performance Grand Prix Champion, 2015 New England Regional Performance Speed Jumping Champion, 2015 New England Regional Performance Grand Prix silver medalist and 3 time AKC/USA European Open large dog team member.

Stefanie has developed her own style of teaching with the guidance and expertise of her mother, Renee. She honed her teaching style under the mentorship of renowned dog trainer, Diane Bauman. Stefanie frequently attends seminars to stay current on the latest agility trends. During 2013, Stefanie had the opportunity to work with One Mind Dog's leading coaches Jaakko Suoknuuti & Janita Leinonen. At first, learning anything new can seem daunting, but Stefanie and her dogs quickly adapted to this new form of communication. Stefanie learned to see from the dog's point of view and she and her dogs benefited from it. Stefanie was recently named as a One Mind Dog Assistant Coach. She enjoys sharing her knowledge and love of the sport with her students.



Saturday, September 9, 2017

AM Session (8:00 AM to 12:30 PM) : “OneMind Dogs Techniques” (Assistant Coach: Stefanie Rainer)

OneMind Dogs uses a variety of handling techniques, many of which are completely natural to the dog. In this session handlers will learn how to execute several of the 6 different techniques. Techniques to be covered include: v-set, reverse v-set, backlap, human arrow, tunnel break, and kabi blind. Session open to dogs of all ages & skill levels. Dog must be able to work off leash in a controlled manner with other dogs present.

PM Session (1 PM to 5 PM): “Application of Techniques ” (Assistant Coach: Stefanie Rainer)

This session will consist of short (4-8) obstacle sequences with jumps and tunnels. The purpose will be to incorporate OneMind Dogs handling techniques taught in the AM Techniques #1 Session to sequences in order to show the handlers where the techniques are used and to do execute them at speed. Participants must be familiar with OneMind Dog Techniques or have attended the AM session to participate.

Hourly Sessions with OneMind Dog Coach Soshana Dos (8 AM to Noon and 1 PM to 5 PM): 8 hours of sessions are available with Soshana. Individuals or small groups of individuals may reserve an hour or multiple hour time slots to work with Soshana. Participants may request specific topics of focus for their session. All levels of dogs permitted.

Sunday, September 10, 2017

AM Session (8:AM to Noon) “Perfecting Front Crosses-Intermediate/Advanced Teams” (Assistant Coach: Stefanie Rainer)

PM Session (1:00 PM to 5 PM): “Improving Front Crosses-Beginner Teams” (Assistant Coach: Stefanie Rainer) These sessions will focus on short sequences with jumps and tunnels and the when and how to complete the various types of front crosses.

Hourly Sessions with OneMind Dog Coach Soshana Dos (8 AM to Noon and 1 PM to 5 PM): 8 hours of sessions are available with Soshana. Individuals or small groups of individuals may reserve an hour or multiple hour time slots to work with Soshana. Participants may request specific topics of focus for their session. All levels of dogs permitted.

Held at the Bella Vista Training Center: 730 Mt. Airy Rd, Lewisberry, PA

www.bvtrainingcenter.com

\$100 per session limit of 10 spots per session (\$40 to audit a session)

Hourly Sessions with Soshana are \$175 per hour

If you have any questions, please contact Stephanie Capkovic at 717-515-5146 or bvwestie@ptd.net

January 2017 BVTC OneMind Seminars Confirmations sent by email or send a SASE

Please list session(s) attending (day & session name): _____

If requesting a session with Soshana, please list day and time slot requested: _____

Working Spots \$100 per session Auditors \$40 per session. \$75 for full day of auditing

Please make checks payable to “BVTC”. Mail to BVTC-OneMind at 730 Mt. Airy Rd., Lewisberry, PA 17339.

Name: _____ Email: _____

Phone: _____ Amount Paid: _____

Dog Name/Breed: _____ Experience Level: _____