

ESSENTIAL OILS: USES & BENEFITS FOR YOU AND YOUR DOG!

2 Free Workshops: Tuesdays, July 17, 2018 & August 14, 2018 @ 7 PM

Held at the Bella Vista Training Center in the Annex Building
730 Mt. Airy Road, Lewisberry, PA



Tina Jackson is an Advanced Practice Nurse/Board Certified Clinical Nurse Specialist whose nursing career spans more than 40 years. Her specialty areas include Heart & Vascular Surgery and Critical Care Nursing with 15 years as a Clinical Nurse Educator in the Intensive Care Units. She's authored Certification Review Courses and a multitude of classes on advanced assessment, diagnosis, and treatment of acute & chronic disease states. She's passionate about patient education and through coaching and teaching, helping her patients achieve and maintain their optimal state of health.



Knowing the risks associated with pharmaceutical agents, Tina has discovered the benefits of essential oils (EOs) as part of a natural and safer way to healthcare. She uses EOs in many aspects of her life, from pain management & emotional support, to cooking and cleaning. She is also passionate about her German Shepherd dogs Christy & Seiko and has been using EOs safely and effectively for a variety of canine issues, from treatment of separation anxiety, joint pain, allergies, & digestive problems, to flea and tick protection and grooming. Combining her experiences with teaching and healthcare, Tina offers free classes about EOs to groups or if you prefer, she will do one-on-one consults for humans and canines. For more information, call or text 717-343-8976. To see a full line of essential oils, blends and products available for purchase, or to learn more about EOs visit her webpage at www.mydoterra.com/tinajackson1

Other products available include custom blends for pain, headaches, inflammation, immune system support, sleep, anxiety, depression and emotional and digestive issues. Diffuser jewelry is available in bracelets and necklaces. Diffuser bandanas are available for dogs as a set with a 2 ounce spray bottle of oil blends for calming effects, focus, allergies, or flea & tick protection. Or you can buy Oil blends for direct application for abrasions, skin inflammation, sore joints, or grooming just so Fido smells good. The possibilities are endless!!

July 17th: EO 101 Workshop covers the basics of safe EO use and discusses the most common oils and their many uses. Canine Care with EOs, including safety tips and precautions can also be included.

August 14th: Pain Management and Anxiety Workshop discusses the oils that have been found in research to be effective in reducing the symptoms associated with many disorders. But everyone's chemistry is different so it is important to attend a class and try samples to find what works for you! Canine Care will be included!

Pre-registration is required.

Please email Steph at steph@bvtrainingcenter.com to sign up to attend one or both sessions